

Quachae Thomas

Quachae Thomas is a proud descendant of James Madison's Montpelier and is a dedicated advocate for truth, equity, and descendant-led historical stewardship. She serves on the Board of the Montpelier Descendants Committee and on the Communications Committee, where she contributes her expertise in community engagement, mental health, and organizational leadership to advance the MDC's mission of ensuring that descendant voices remain central in the interpretation and preservation of Montpelier's history.

As a Licensed Professional Counselor, Quachae works in school-based community health care and also serves as the Clinical Director of her private practice, where she provides compassionate, culturally informed mental health services. Her clinical work focuses on strengthening community wellness, supporting marginalized populations, and building trauma-responsive systems of care.

In addition to her professional commitments, Quachae is deeply engaged in public service. She is the Communications and Public Relations Chair for the Bay City Alumnae Chapter of Delta Sigma Theta Sorority, Incorporated, where she leads strategic communications and amplifies the chapter's impact in social action, education, and community advocacy.